

SLC Swim Team

2011 Schedule

Day	Date	Location	Pool	Depart Time	Warm Up	Start
Thu	1-Sep	Sulphur Relays	SPAR	3:30pm	4pm	4:45
Sat	10-Sep	Lafayette	Laf	9:30am	11am	11:45
Sat	17-Sep	SPAR	SPAR	8am	8:30am	9:15
Tue	27-Sep	Lafayette	Laf	3:30pm	5pm	5:45
Sat	1-Oct	Acadiana Invitational	Laf	8:30am	10am	10:30
Sat	8-Oct	Sulphur Invitational	SPAR	9:30am	10am	10:45
Tue	11-Oct			3:30pm	5pm	5:45
Thu	20-Oct	SPAR-LA/TX	SPAR	3:30pm	4pm	4:45
Thu	27-Oct	Calcasieu Champs	SPAR	3:30pm	4pm	4:45
Sat	29-Oct	Lafayette (Last Chance)	Laf	9:30am	11am	11:45
Wed	2-Nov	District Meet	Laf	3:30pm	5pm	5:45
Sat	5-Nov	Top 24	Laf	9:30am	11am	11:45
Fri	18-Nov	STATE-Prelims	SPAR	TBA	TBA	TBA
Sat	19-Nov	STATE-Finals	SPAR	TBA	TBA	TBA

M - F 3:15 - 3:30 Set up and Stretch

M - F Practice at OLQH FLC from 3:30 to 5:00 Pool

M, W, R 5:00 to 5:45 Gym